



# The C.E.W. Spirit October 2021

## Celebrate, Celebrate, Celebrate!

Come **October 10th at 1:00 pm**

**Celebrate Commissioning of our CEW Women's Team  
SFA Grand Site, Social Hall**

Join us for this community event as we gather and pray in support of those preparing for and attending the upcoming Women's CEW! Wearing of mask is requested.



Lakeshore  
Christian  
Experience  
Weekend  
(CEW)

[www.lakeshorecew.com](http://www.lakeshorecew.com)

*Women's CEW*

*November 12-14, 2021*

*Men's CEW*

*February 4-6, 2022*

*Sponsored by:*

*St. Francis of Assisi Parish*

Dear Brothers and Sisters in Christ;

"Be Still and Know that I am God" <sup>Psalm 46:10</sup> This was the verse that was used when I participated in centering prayer at St. Norbert Abbey. I loved it ever since. When I have a lot on my mind, it helps me to focus my attention back to God, where it belongs. When I pray this verse, I can sense God's presence and I thank Him for the many blessings he bestows on me. I feel closest to God while watching the sunrise down at the lake. Where do you see God?

I am truly blessed to be the rector for the upcoming CEW. I'm excited to be able to gather once again with women for a weekend of focusing on our relationship with God and hearing some wonderful talks. I missed not gathering last year and I know when we do gather, it's going to be amazing. I am excited for all the women who will be attending, especially the new women who will experience this life changing weekend.

We are following CDC guidelines and did make some changes for this year only. The Women's CEW will be held at the St. Francis of Assisi Grand site in the social hall. This will allow for more social distancing. Masks will be required. Instead of an overnight, the women will be going home to sleep. We had many discussions about this and it's the best way to keep everyone safe.

Your Sister in Christ,  
Joan Nickels, Women's Rector

**"I can do all things through Christ who strengthens me"** Philippians 4:13

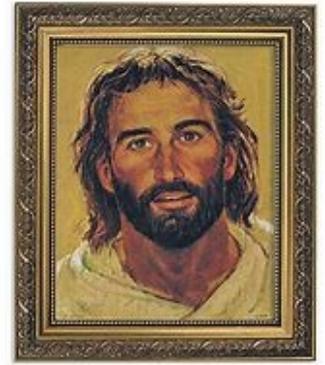
I was asked to be the men's Rector for the next CEW. After canceling last year's retreat because of the uncertainty of covid 19. Our world was turned upside down. Fear, isolation, anxiety of the unknown, lockdowns, masks, all of this has changed our lives. It has separated us from family and friends and our CEW community (which I consider family)

In the midst of the storms of daily life, I look to the Lord to calm the wind and the sea. In a hurricane you have extreme winds and rain circling around the eye. Total destruction and chaos everywhere. As you journey closer to the eye of the storm, the wind speeds increase and are at their most velocity and strength. Until you break through the wall and enter into the actual eye. Then..... calm, and peace.

This journey through life is filled with ups and downs. I must make Jesus the focal point. I need to move closer to Jesus, to embrace Him and to rest in his love. His love surrounds me and he will lead me to calm waters and green meadows. He renews my strength, he guides me along right paths. Even when I walk through the darkest valley, I will not be afraid. Psalm 23 For He is close beside me.

We as a community must also stay focused on Jesus and enter into his love and find his peace. My hope and prayer is that all who participate in this CEW and all of the CEW community stay focused on Jesus. **Jesus is the answer!!!**

Your brother in Christ,  
Scott Reel Men's Rector



Now you can Register & Pay On-line!  
**Lakeshore CEW Website:**  
[www.lakeshorecew.com](http://www.lakeshorecew.com)

What about Covid?

For the Commissioning, team meetings and the weekend itself, precautionary measures are being taken to minimize risk of exposure and these will continue to be communicated as we move through this process. Each of us is responsible for both for our own safety and the safety of others.

Pray

Come, Holy Spirit,  
fill the hearts of your  
faithful and kindle in  
them the fire of your love.  
Send forth your Spirit  
and they shall be created.  
And you shall renew the  
face of the earth.

 HOLY SPIRIT PARISH  
DAILY PRAYER





## Upcoming C.R.E.s

### Women's CEW Closing

November 14<sup>th</sup> 3:30 pm at the SFA Grand Site, lower level social hall.

This is a great opportunity for all of the women who attended this years Women's CEW weekend to reconnect and renew.

### Christmas Outreach

**Dec. 3rd, 5:00 - 8:00 pm - Soup and Card Preparation at Grand Site Social Hall**

Feel the Christmas Spirit! Come together as a community to donate cookies, prepare soup, and create Christmas cards to be delivered to homebound members of our community.

This is an open event and we invite CEW attendees, their families, and parishioners to participate. All are welcome and we will be pitching in for a pizza order if you would like to join us for dinner.

Please bring your own beverage to drink or share.

**Dec. 4th, 9:00 am – 12:00 pm - Delivery staging and pick up at the Grand Site Social Hall**

Help to stage the soup, cards, cookies, and Poinsettias for delivery.

Pick up begins at 10:00 am.



## Lakeshore CEW Women's Weekend November 12th—14th

There are so many opportunities to "Live Out" your CEW experience!

- **Set-up** prior to the weekend. (Contact Joan, Eileen, Scott or Duane!)
- **Palanca:** Now is an ideal time to start doing Palanca for team and candidates. Part of that is letting folks know what you've been doing for them in form of a short note (even better if hand written) to be delivered to the garage of the Franciscan center by Saturday 11/13 no later than 2ish.
- **Praying for speakers:** Check on chapel times for talks on the [Lakeshorecew.org/members](http://Lakeshorecew.org/members) site for info and come for one or all.
- **Eucharistic Chapel:** 24 hour adoration for the intercession of the Holy Spirit and success of the weekend. Can't do these? Come to closing!
- **Pray pray pray!**

**CHECK THE CEW WEBSITE: [lakeshorecew.com/members](http://lakeshorecew.com/members) (login: membercew)**



### **Spiritual Director Comments:**

Some years back I was sitting in my “Spiritual Directors room” at a CEW. I would typically check my schedule for open times and then take the next slip in the box, and get that person by tapping their shoulder in the conference room. . While I was sitting there, a team member came into my room. I asked her to sit down and she said: “I just don’t know how to pray.” We had a good talk with no easy answers.

All of us pray. And yet I for one often feel frustrated. I want God to just talk to me and make all things clear. My earliest favorite prayer was the rosary. When I was in fifth grade my dad was out of work for months. We all prayed Novenas of rosaries around my folk’s bed. My mom had just had her tenth baby, so we had a full crew for our prayer. Today I also pray the Liturgy of the Hours , Centering prayer, and a couple prayers before sleeping.

Most people, who come for spiritual direction, have some personal issue that they are wrestling with and just in their talking through, it brings them to peace But “How to Pray” was a tough one. I have been reading St. Theresa of Avila and her advice is to prepare to pray. She recommends three things; be humble, be detached, and be loving. She has much more to say about prayer, but first things first. As she prayed well, I too need to prepare to pray.

Deacon Bob

### **New to CEW or Lost In Translation?**

Everything you wanted to know about CEW and felt too embarrassed to ask: We’ve all been there but do we have a site for you! lakeshorecew.com is our website and has all the answers about palanca, helping out, our history and much, much more. Checkout CEW 101 for answers to many of your questions and while you are there, feel free to log into our member only place with the password: membercew

### **Thought of having “Spiritual Direction Now?”**

When in the diaconate training I was assigned Sr. Judeann as a spiritual director. I found this both fascinating and helpful. You have advanced in your spiritual life, and you may find spiritual direction to be helpful as well. As I don’t do this full time, I am in contact with several holy people to whom I might suggest you try. Did you know our own pastor recently completed an extended study in spiritual direction? Spiritual direction is bouncing off the thoughts of your life from a spiritual perspective to someone outside of your normal folks, and he or she may then offer feedback of what you have said. Please contact me for assistance in trying spiritual direction now.

Phone or text: 629.3525 Email: [deaconbobb@gmail.com](mailto:deaconbobb@gmail.com)

**Who will you invite to our weekend? To whom can you offer this inspiration?**

**Our CEW WEBSITE: [lakeshorecew.com/members](http://lakeshorecew.com/members) (login: membercew)  
You can Register with the Brochure or On-line!**